**Mental Disorders
Chapter 5**

* **Understanding Mental Disorders**
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ conditions that require diagnosis & treatment
	+ Causes difficulty dealing with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ routines
	+ Often misunderstood
	+ Most are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Types of Mental Disorders**
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorders
		- Most common in children & teens
		- Occasional anxiety is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
			* manageable reaction to short-term, stressful situations
		- Use \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ management techniques
		- Phobia, [\_\_\_\_\_\_\_\_\_\_\_\_\_\_](http://ed.ted.com/lessons/debunking-the-myths-of-ocd-natascha-m-santos), Panic disorder, Post-traumatic disorder, \_\_\_\_\_\_\_\_\_\_\_\_\_\_anxiety disorder
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- can linger or be severe enough to disrupt \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ activities = treatment
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_of [Depression](http://ed.ted.com/lessons/what-is-depression-helen-m-farrell)
			* physical, psychological, or social; medical condition or illness
		- Warning signs:
			* Changes in think, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, & behavior
		- Getting help
			* Medication, making \_\_\_\_\_\_\_\_\_\_\_\_\_ in the home or school environment, counseling
			* Takes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, persistence, patience
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorders
		- Can’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the urge to hurt themselves
		- Can’t control financial situations
		- Kleptomania, \_\_\_\_\_\_\_\_\_\_\_\_\_\_, pyromania, excessive gambling, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorders
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorders
		- Depression, bipolar disorder
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorder
		- Stealing, cruelty, \_\_\_\_\_\_\_\_\_\_\_\_\_, aggression, violence, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, arson, vandalism
		- Treatment: learning to adapt to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of everyday life
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- A person loses contact with reality
		- Delusions, hallucinations, thought disorders
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Disorders
		- Teens are unable to regulate their emotions
* **Help For Mental Disorders**
	+ Psychotherapy
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ therapy
	+ Cognitive therapy
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ therapy
	+ Group therapy
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ therapy